



Breaking Divisions for the **Worldwide Martial Arts Festival**

Creative Multi-Direction Wood Breaking

Brief overview of rules:

- Wood boards only
- All techniques allowed
- Multiple stations (3 station max.), 3 sub-stations per station
- 3 minute max. (set-up/break/clean-up)
- Competitor provides own holders and stands

| <u>Division #</u> | <u>Description</u> | <u>Gender</u> | <u>Rank</u> |
|--|----------------------|---------------|-----------------------|
| TT | Tiny Tott, 6 & Under | Coed | All ranks |
| CB1 | 7-8 | Male | All ranks |
| CB2 | 7-8 | Female | All ranks |
| CB3 | 9-12 | Male | Beginner/Intermediate |
| CB4 | 9-12 | Male | Advanced/Black Belt |
| CB5 | 9-12 | Female | All ranks |
| ***12 and under divisions can be broken down further depending on number of competitors *** | | | |
| CB6 | 13-17 | Male | Beginner/Intermediate |
| CB7 | 13-17 | Male | Advanced/Black Belt |
| CB8 | 13-17 | Female | Beginner/Intermediate |
| CB9 | 13-17 | Female | Advanced/Black Belt |
| CB10 | 18-34 | Male | Beginner/Intermediate |
| CB11 | 18-34 | Male | Advanced/Black Belt |
| CB12 | 18-34 | Female | All ranks |
| CB13 | 35 and over | Male | All ranks |
| CB14 | 35 and over | Female | All ranks |

*All Divisions may be broken up further or combined as needed

Creative Open Breaking

Brief overview of rules:

- Any materials. No fire, no glass.
- All techniques allowed
- Multiple stations, 10 station max.
- 6 minute max. (set-up/break/clean-up)
- Competitor provides own holders and stands

| <u>Division #</u> | <u>Description</u> | <u>Gender</u> | <u>Rank</u> |
|-------------------|--------------------|---------------|------------------|
| CO1 | 17 & under | Male | All ranks |
| CO2 | 17 & under | Female | All ranks |
| CO3 | 18 and over | Male | Under Black Belt |
| CO4 | 18 and over | Male | Black Belt |
| CO5 | 18 and over | Female | Under Black Belt |
| CO6 | 18 and over | Female | Black Belt |

*All Divisions may be broken up further or combined as needed

Power Concrete Breaking

Brief overview of rules:

Carpenter Pencil Spacers provided

Downward strike/one strike only

Set on floor with block base

6 minute max. (set-up/break/clean-up)

Patio blocks must be purchased from supply committee

Hand- Allowed strikes: Palm, hammer fist, chop, etc.

| <u>Division #</u> | <u>Description</u> | <u>Gender</u> | <u>Rank</u> | <u>Wt.</u> |
|-------------------|--------------------|---------------|----------------|-------------|
| PC1 | 18 to 39 | Male | Beg/Inter | Lightweight |
| PC2 | 18 to 39 | Male | Beg/Inter | Heavyweight |
| PC3 | 18 to 39 | Male | Adv/Black Belt | Lightweight |
| PC4 | 18 to 39 | Male | Adv/Black Belt | Heavyweight |
| PC5 | 18 to 39 | Female | Beg/Inter | All weights |
| PC6 | 18 to 39 | Female | Adv/Black Belt | All weights |
| PC7 | 40 and over | Male | Beg/Inter | Lightweight |
| PC8 | 40 and over | Male | Beg/Inter | Heavyweight |
| PC9 | 40 and over | Male | Adv/Black Belt | Lightweight |
| PC10 | 40 and over | Male | Adv/Black Belt | Heavyweight |
| PC11 | 40 and over | Female | All ranks | All weights |

*All Divisions may be broken up further or combined as needed

Elbow- Allowed strikes: Drop elbow, overhand elbow, etc.

| <u>Division #</u> | <u>Description</u> | <u>Gender</u> | <u>Rank</u> | <u>Wt.</u> |
|-------------------|--------------------|---------------|----------------|-------------|
| PC12 | 18 to 39 | Male | Beg/Inter | Lightweight |
| PC13 | 18 to 39 | Male | Beg/Inter | Heavyweight |
| PC14 | 18 to 39 | Male | Adv/Black Belt | Lightweight |
| PC15 | 18 to 39 | Male | Adv/Black Belt | Heavyweight |
| PC16 | 18 to 39 | Female | Beg/Inter | All weights |
| PC17 | 18 to 39 | Female | Adv/Black Belt | All weights |
| PC18 | 40 and over | Male | Beg/Inter | Lightweight |
| PC19 | 40 and over | Male | Beg/Inter | Heavyweight |
| PC20 | 40 and over | Male | Adv/Black Belt | Lightweight |
| PC21 | 40 and over | Male | Adv/Black Belt | Heavyweight |
| PC22 | 40 and over | Female | All ranks | All weights |

*All Divisions may be broken up further or combined as needed

Feet- Allowed strikes: Stomp, Axe kick, etc.

| <u>Division #</u> | <u>Description</u> | <u>Gender</u> | <u>Rank</u> | <u>Wt.</u> |
|-------------------|--------------------|---------------|----------------|-------------|
| PC23 | 18 and over | Male | Beg/Inter | Lightweight |
| PC24 | 18 and over | Male | Beg/Inter | Heavyweight |
| PC25 | 18 and over | Male | Adv/Black Belt | Lightweight |
| PC26 | 18 and over | Male | Adv/Black Belt | Heavyweight |
| PC27 | 18 and over | Female | Beg/Inter | All weights |
| PC28 | 18 and over | Female | Adv/Black Belt | All weights |

*All Divisions may be broken up further or combined as needed

Speed Board Breaking- Board size: 12 and under- 1/2X10X12", 13 and over- 1X10X12

Brief overview of rules:

No Spacers Allowed

Any technique allowed

5 Station maximum, stations may be replenished; stations may be stands or holders

Stations must be made up of standard 8X8X16" block provided

Competitor and 2 assistants maximum

10 seconds to break, 3 minute max. (set-up/break/clean-up)

Boards must be purchased from supply committee

| <u>Division #</u> | <u>Description</u> | <u>Gender</u> | <u>Rank</u> | <u>Wt.</u> |
|--|--------------------|---------------|----------------|-------------|
| SB1 | 12 & under | Coed | All ranks | All weights |
| ***12 and under divisions can be broken down further depending on number of competitors *** | | | | |
| SB2 | 13-17 | Male | All ranks | All weights |
| SB3 | 13-17 | Female | All ranks | All weights |
| SB4 | 18 and over | Male | Beg/Inter | All weights |
| SB5 | 18 and over | Male | Adv/Black Belt | All weights |
| SB6 | 18 and over | Female | Beg/Inter | All weights |
| SB7 | 18 and over | Female | Adv/Black Belt | All weights |

*All Divisions may be broken up further or combined as needed

High Jump Board Breaking- Board size: 1/2X10X12"

Brief overview of rules:

Any type of jump kick allowed

Short run and then high jump

Height measured from top of head to height of board

Best of 3 attempts, board must be broken

Boards must be purchased from supply committee

| <u>Division #</u> | <u>Description</u> | <u>Gender</u> | <u>Rank</u> | <u>Wt.</u> |
|--|--------------------|---------------|------------------|-------------|
| HJ1 | 11 & under | Coed | All ranks | All weights |
| ***11 and under divisions can be broken down further depending on number of competitors *** | | | | |
| HJ2 | 12-14 | Male | Under Black Belt | All weights |
| HJ3 | 12-14 | Male | Black Belt | All weights |
| HJ4 | 12-14 | Female | Under Black Belt | All weights |

| | | | | |
|------|-------------|--------|------------------|-------------|
| HJ5 | 12-14 | Female | Black Belt | All weights |
| HJ6 | 15-17 | Male | Under Black Belt | All weights |
| HJ7 | 15-17 | Male | Black Belt | All weights |
| HJ8 | 15-17 | Female | Under Black Belt | All weights |
| HJ9 | 15-17 | Female | Black Belt | All weights |
| HJ10 | 18 and over | Male | Under Black Belt | All weights |
| HJ11 | 18 and over | Male | Black Belt | All weights |
| HJ12 | 18 and over | Female | Under Black Belt | All weights |
| HJ13 | 18 and over | Female | Black Belt | All weights |

*All Divisions may be broken up further or combined as needed

Power Board Breaking- Board size: 12 and under- 1/2X10X12", 13 and over- 1X10X12

Brief overview of rules:

Carpenter Pencil Spacers provided

Downward strike/one strike only

Set on floor with block base

5 minute max. (set-up/break/clean-up)

Hand- Allowed strikes: Palm, Knife-hand, Chop, Hammer fist, Punch

| <u>Division #</u> | <u>Description</u> | <u>Gender</u> | <u>Rank</u> | <u>Wt.</u> |
|--|--------------------|---------------|----------------|-------------|
| PB1 | 8 & under | Male | All ranks | All weights |
| PB2 | 8 & under | Female | All ranks | All weights |
| PB3 | 9-12 | Male | All ranks | All weights |
| PB4 | 9-12 | Female | All ranks | All weights |
| ***12 and under divisions can be broken down further depending on number of competitors *** | | | | |
| PB5 | 13-17 | Male | Beg/Inter | All weights |
| PB6 | 13-17 | Male | Adv/Black Belt | All weights |
| PB7 | 13-17 | Female | Beg/Inter | All weights |
| PB8 | 13-17 | Female | Adv/Black Belt | All weights |
| PB9 | 18 and over | Male | Beg/Inter | Lightweight |
| PB10 | 18 and over | Male | Adv/Black Belt | Lightweight |
| PB11 | 18 and over | Male | Beg/Inter | Heavyweight |
| PB12 | 18 and over | Male | Adv/Black Belt | Heavyweight |
| PB13 | 18 and over | Female | Beg/Inter | All weights |
| PB14 | 18 and over | Female | Adv/Black Belt | All weights |

*All Divisions may be broken up further or combined as needed

Elbow- Allowed strikes: Drop elbow, overhand elbow, etc.

| <u>Division #</u> | <u>Description</u> | <u>Gender</u> | <u>Rank</u> | <u>Wt.</u> |
|--|--------------------|---------------|----------------|-------------|
| PB15 | 8 & under | Male | All ranks | All weights |
| PB16 | 8 & under | Female | All ranks | All weights |
| PB17 | 9-12 | Male | All ranks | All weights |
| PB18 | 9-12 | Female | All ranks | All weights |
| ***12 and under divisions can be broken down further depending on number of competitors *** | | | | |
| PB19 | 13-17 | Male | Beg/Inter | All weights |
| PB20 | 13-17 | Male | Adv/Black Belt | All weights |
| PB21 | 13-17 | Female | Beg/Inter | All weights |

| | | | | |
|------|-------------|--------|----------------|-------------|
| PB22 | 13-17 | Female | Adv/Black Belt | All weights |
| PB23 | 18 and over | Male | Beg/Inter | Lightweight |
| PB24 | 18 and over | Male | Adv/Black Belt | Lightweight |
| PB25 | 18 and over | Male | Beg/Inter | Heavyweight |
| PB26 | 18 and over | Male | Adv/Black Belt | Heavyweight |
| PB27 | 18 and over | Female | Beg/Inter | All weights |
| PB28 | 18 and over | Female | Adv/Black Belt | All weights |

*All Divisions may be broken up further or combined as needed

Kids Foot- 17 and under, downward strike, spacers used, Allowed strikes: stomp, axe kick, etc.

| <u>Division #</u> | <u>Description</u> | <u>Gender</u> | <u>Rank</u> | <u>Wt.</u> |
|-------------------|--------------------|---------------|-------------|-------------|
| PB29 | 8 & under | Male | All ranks | All weights |
| PB30 | 8 & under | Female | All ranks | All weights |
| PB31 | 9-12 | Male | All ranks | All weights |
| PB32 | 9-12 | Female | All ranks | All weights |

*****12 and under divisions can be broken down further depending on number of competitors *****

| | | | | |
|------|-------|--------|----------------|-------------|
| PB33 | 13-17 | Male | Beg/Inter | All weights |
| PB34 | 13-17 | Male | Adv/Black Belt | All weights |
| PB35 | 13-17 | Female | Beg/Inter | All weights |
| PB36 | 13-17 | Female | Adv/Black Belt | All weights |

Adult Foot- Allowed strikes: Any kick. Boards will be held by machine, no spacers

| <u>Division #</u> | <u>Description</u> | <u>Gender</u> | <u>Rank</u> | <u>Wt.</u> |
|-------------------|--------------------|---------------|----------------|-------------|
| PB37 | 18 and over | Male | Beg/Inter | Lightweight |
| PB38 | 18 and over | Male | Adv/Black Belt | Lightweight |
| PB39 | 18 and over | Male | Beg/Inter | Heavyweight |
| PB40 | 18 and over | Male | Adv/Black Belt | Heavyweight |
| PB41 | 18 and over | Female | Beg/Inter | All weights |
| PB42 | 18 and over | Female | Adv/Black Belt | All weights |

*All Divisions may be broken up further or combined as needed