



Divisions for the Lone Star Open 1/2010

First Time Breakers Division

Brief overview of rules:

- 3 Wood boards included
- All techniques allowed
- Multiple stations (3 station max.)
- 3 minute max. (set-up/break/clean-up)
- Competitor provides own holders and stands
- Competitors will be paired up
- No points toward ratings

<u>Division #</u>	<u>Description</u>	<u>Gender</u>	<u>Rank</u>
FTB1	Open to all 1 st time competitors	Coed	All ranks

Creative Multi-Direction Wood Breaking

Brief overview of rules:

- Wood boards only
- All techniques allowed
- Multiple stations (3 station max.), 3 sub-stations per station
- 3 minute max. (set-up/break/clean-up)
- Competitor provides own holders and stands

<u>Division #</u>	<u>Description</u>	<u>Gender</u>	<u>Rank</u>
TT	Tiny Tott, 7 & Under	Coed	All ranks
CB1	12 & under	Male	All ranks
CB2	12 & under	Female	All ranks
CB3	13-17	Male	Beg/Inter
CB4	13-17	Male	Adv/Black Belt
CB5	13-17	Female	All ranks
CB6	18 & over	Male	Beg/Inter
CB7	18 & over	Male	Adv/Black Belt
CB8	18 & over	Female	Beg/Inter
CB9	18 & over	Female	Adv/Black Belt

*All Divisions may be broken up further or combined as needed

Creative Open Breaking

Brief overview of rules:

Any materials. No fire, no glass.

All techniques allowed

Multiple stations, 10 station max.

6 minute max. (set-up/break/clean-up)

Competitor provides own holders and stands

<u>Division #</u>	<u>Description</u>	<u>Gender</u>	<u>Rank</u>
CO1	17 & under	Male	All ranks
CO2	17 & under	Female	All ranks
CO3	18 & over	Male	All ranks
CO4	18 & over	Female	All ranks

*All Divisions may be broken up further or combined as needed

Power Concrete Breaking

Brief overview of rules:

Carpenter Pencil Spacers provided

Downward strike/one strike only

Set on floor with block base

6 minute max. (set-up/break/clean-up)

Patio blocks must be purchased from supply committee

Hand- Allowed strikes: Palm, hammer fist, chop, etc.

<u>Division #</u>	<u>Description</u>	<u>Gender</u>	<u>Rank</u>	<u>Wt.</u>
PC1	18 and over	Male	Beg/Inter	Lightweight
PC2	18 and over	Male	Beg/Inter	Heavyweight
PC3	18 and over	Male	Adv/Black Belt	Lightweight
PC4	18 and over	Male	Adv/Black Belt	Heavyweight
PC5	18 and over	Female	Beg/Inter	All weights
PC6	18 and over	Female	Adv/Black Belt	All weights

*All Divisions may be broken up further or combined as needed

Feet- Allowed strikes: Stomp, Axe kick, etc.

<u>Division #</u>	<u>Description</u>	<u>Gender</u>	<u>Rank</u>	<u>Wt.</u>
PC7	18 and over	Male	Beg/Inter	Lightweight
PC8	18 and over	Male	Beg/Inter	Heavyweight
PC9	18 and over	Male	Adv/Black Belt	Lightweight
PC10	18 and over	Male	Adv/Black Belt	Heavyweight
PC11	18 and over	Female	Beg/Inter	All weights
PC12	18 and over	Female	Adv/Black Belt	All weights

*All Divisions may be broken up further or combined as needed

Speed Board Breaking- Board size: 12 and under- 1/2X10X12", 13 and over- 1X10X12

Brief overview of rules:

No Spacers Allowed

Any technique allowed

5 Station maximum, stations may be replenished; stations may be stands or holders

Competitor and 2 assistants maximum

10 seconds to break, 3 minute max. (set-up/break/clean-up)

Boards must be purchased from supply committee

<u>Division #</u>	<u>Description</u>	<u>Gender</u>	<u>Rank</u>	<u>Wt.</u>
SB1	12 & under	Coed	All ranks	All weights
SB2	13-17	Male	All ranks	All weights
SB3	13-17	Female	All ranks	All weights
SB4	18 and over	Male	Beg/Inter	All weights
SB5	18 and over	Male	Adv/Black Belt	All weights
SB6	18 and over	Female	Beg/Inter	All weights
SB7	18 and over	Female	Adv/Black Belt	All weights

*All Divisions may be broken up further or combined as needed

Power Board Breaking- Board size: 12 and under- ½X10X12", 13 and over- 1X10X12

Brief overview of rules:

Carpenter Pencil Spacers provided

Downward strike/one strike only

Set on floor with block base

5 minute max. (set-up/break/clean-up)

Hand- Allowed strikes: Palm, Knife-hand, Chop, Hammer fist, Punch

<u>Division #</u>	<u>Description</u>	<u>Gender</u>	<u>Rank</u>	<u>Wt.</u>
PB1	7 & under	Male	All ranks	All weights
PB2	7 & under	Female	All ranks	All weights
PB3	8-10	Male	All ranks	All weights
PB4	8-10	Female	All ranks	All weights
PB5	11-12	Male	All ranks	All weights
PB6	11-12	Female	All ranks	All weights
PB7	13-17	Male	All ranks	All weights
PB8	13-17	Female	All ranks	All weights
PB9	18 and over	Male	Beg/Inter	Lightweight
PB10	18 and over	Male	Adv/Black Belt	Lightweight
PB11	18 and over	Male	Beg/Inter	Heavyweight
PB12	18 and over	Male	Adv/Black Belt	Heavyweight
PB13	18 and over	Female	Beg/Inter	All weights
PB14	18 and over	Female	Adv/Black Belt	All weights

*All Divisions may be broken up further or combined as needed

Kids Foot- 17 and under, downward strike, spacers used, Allowed strikes: stomp, axe kick, etc.

<u>Division #</u>	<u>Description</u>	<u>Gender</u>	<u>Rank</u>	<u>Wt.</u>
PB15	7 & under	Male	All ranks	All weights
PB16	7 & under	Female	All ranks	All weights
PB17	8-10	Male	All ranks	All weights
PB18	8-10	Female	All ranks	All weights

PB19	11-12	Male	All ranks	All weights
PB20	11-12	Female	All ranks	All weights
PB21	13-17	Male	All ranks	All weights
PB22	13-17	Female	All ranks	All weights

*All Divisions may be broken up further or combined as needed

Adult Foot- Allowed strikes: Any kick. Boards will be held by machine. no spacers

<u>Division #</u>	<u>Description</u>	<u>Gender</u>	<u>Rank</u>	<u>Wt.</u>
PB23	18 and over	Male	Beg/Inter	Lightweight
PB24	18 and over	Male	Adv/Black Belt	Lightweight
PB25	18 and over	Male	Beg/Inter	Heavyweight
PB26	18 and over	Male	Adv/Black Belt	Heavyweight
PB27	18 and over	Female	Beg/Inter	All weights
PB28	18 and over	Female	Adv/Black Belt	All weights

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