



## Results for the 2010 IIMAA Training Conference and the WBA International Power Breaking Championships

### WBA International Power Breaking Championships

<u>Men's Lightweight Concrete</u>	<u>Upper</u>	<u>Lower</u>	<u>Total</u>
1. Gary Reho	9 of 10	10 of 10	19 of 20
2. Kenneth Yates	10 of 14	9 of 10	19 of 24
3. Ali Bahcetepe	6 of 9	9 of 12	15 of 21
4. Dayne Garrison	0 of 8	5 of 6	5 of 14

<u>Men's Heavyweight Concrete</u>	<u>Upper</u>	<u>Lower</u>	<u>Total</u>
1. Andrew Aleman	9 of 14	10 of 12	19 of 26
2. Frankie Sanchez	10 of 11	9 of 16	19 of 27

<u>Women's Lightweight Wood</u>	<u>Upper</u>	<u>Lower</u>	<u>Total</u>
1. Roxanne Garcia	4 of 9	8 of 15	12 of 24

<u>Women's Heavyweight Wood</u>	<u>Upper</u>	<u>Lower</u>	<u>Total</u>
1. Karen Smith	8 of 8	7 of 10	15 of 18

### World's Hardest Hand Strike- Pounds per square inch

<u>Men's Lightweight</u>	<u>1<sup>st</sup> Attempt</u>	<u>2<sup>nd</sup> Attempt</u>
1. Ali Bahcetepe	388.8 psi	524.2 psi

<u>Men's Heavyweight</u>	<u>1<sup>st</sup> Attempt</u>	<u>2<sup>nd</sup> Attempt</u>
1. Paul Hickey	359.2 psi	550.4 psi
2. Andrew Aleman	496.5 psi	327.4 psi
3. Norlys Rodrigues	415.8 psi	461.8 psi
4. Larry Fields	244.6 psi	231 psi

<u>Women's Open</u>	<u>1<sup>st</sup> Attempt</u>	<u>2<sup>nd</sup> Attempt</u>
1. Karen Smith	95.1 psi	264.1 psi

### **World's Hardest Kick- Pounds per square inch**

<u>Men's Lightweight</u>	<u>1<sup>st</sup> Attempt</u>	<u>2<sup>nd</sup> Attempt</u>
1. Ali Bahcetepe	879.7 psi	710.3 psi

<u>Men's Heavyweight</u>	<u>1<sup>st</sup> Attempt</u>	<u>2<sup>nd</sup> Attempt</u>
1. Larry Fields	774.6 psi	1072.2 psi
2. Andrew Aleman	677.8 psi	676.3 psi
3. Paul Hickey	675.9 psi	609.5 psi

<u>Women's Open</u>	<u>1<sup>st</sup> Attempt</u>	<u>2<sup>nd</sup> Attempt</u>
1. Karen Smith	298.1 psi	439.1 psi

### **World's Fastest Punch- Time to cover 4.5 feet/Shortest time wins**

<u>Men's Open</u>	<u>1<sup>st</sup> Attempt</u>	<u>2<sup>nd</sup> Attempt</u>	<u>Tie Breaker</u>
1. Andrew Aleman	.188 sec	.197 sec	.188 sec
2. Larry Fields	.198 sec	.188 sec	.197 sec
3. Dayne Garrison	.197 sec	.198 sec	
4. Elton Trower	.278 sec	.229 sec	

<u>Women's Open</u>	<u>1<sup>st</sup> Attempt</u>	<u>2<sup>nd</sup> Attempt</u>
1. Karen Smith	.268 sec	.287 sec

### **World's Fastest Kick- Time to cover 4.5 feet/Shortest time wins**

<u>Men's Open</u>	<u>1<sup>st</sup> Attempt</u>	<u>2<sup>nd</sup> Attempt</u>	<u>Tie Breaker</u>
1. Larry Fields	.168 sec	.197 sec	
2. Andrew Aleman	.197 sec	.197 sec	

<u>Women's Open</u>	<u>1<sup>st</sup> Attempt</u>	<u>2<sup>nd</sup> Attempt</u>
1. Karen Smith	.258 sec	.298 sec